



Friday
October 17, 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

BUY YOUR YEARBOOK

INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.

\$60

Buy before
December 19



CALLING ALL CADETS

- IF YOU ARE IN CADETS (ANY BRANCH) AND WOULD LIKE TO PARTICIPATE IN THIS YEAR'S REMEMBRANCE DAY CEREMONY,
- PLEASE SEE MR. RUD IN ROOM 237 OR MRS. FESTER IN ROOM 102 TO SIGN UP.



Hallowe'en Black-out POE-m Contest



Ha!
English
puns *slay!*

Prizes!
\$50 or
\$25
Amazon
Cards!

To enter:

- Take a page from Edgar Allan Poe's stories from English bulletin board (Bridge)
- Black-out or conceal words, leaving only those words you want to keep to form a poem
- Paint, collage, colour-
-be creative!

Submit by Tuesday, October 28 to your English teacher (or Mr. Smith in room 213)

Hallowe'en Black-out POE-m Contest

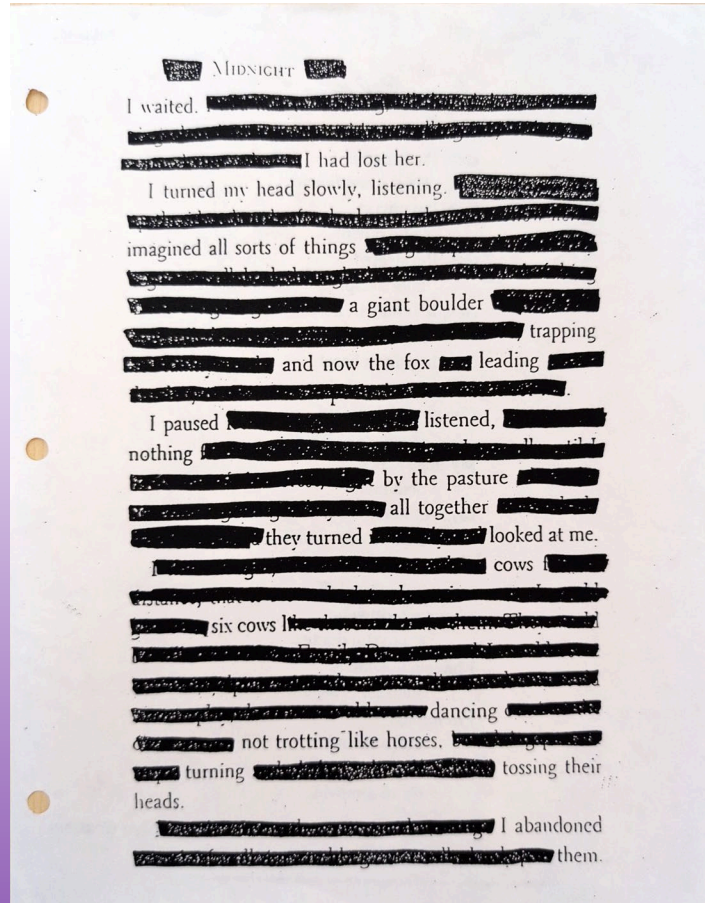
Rules:

- **Black out or conceal words from the photocopied text of Edgar Allan Poe's stories, found on the English bulletin board**
- **The words that remain visible become your POE-m!**
- **Prize Categories: Best Poem, Most Artistic, Best ELL poem**
 - **Prizes: \$50 and \$25 Amazon gift cards**

Submit by Tuesday, October 28 to your English teacher (or Mr. Smith in room 213)

Hallowe'en Black-out POF-m Contest

Here's a sample
blackout poem,
undecorated:



Can you beat
this?

Submit by Tuesday, October 28 to your English
teacher (or Mr. Smith in room 213)

YEARBOOK NAMES

**DEADLINE
IS
NOVEMBER
14**

- Every year, the photo company sends us a list of names with the school-day portraits. Sometimes errors appear (misspellings, missing given names, etc.). We need students to confirm their names before the yearbook goes to print.
- Have your child check to see if their name is spelled correctly on the papers taped to the office doors.
- If your name is correct → no action needed.
- **If you want changes** (spelling, given name, error) → fill out the Yearbook Name Correction Form by Nov 14.
- **If your name is missing** → your portrait was not provided and will not be in the yearbook.
- Not for grad photos. Grade 12s must check spelling though – this is how your name will be printed.
- **Use your school email to submit the form.**
-  Scan the QR code or visit:
- <https://forms.office.com/r/f4aFYCA7X0>
- **?** Questions? Email Mrs. Miklossy: cmiklossy@sd43.bc.ca





WERE LOOKING FOR A NEW SLC Executive



BENEFITS

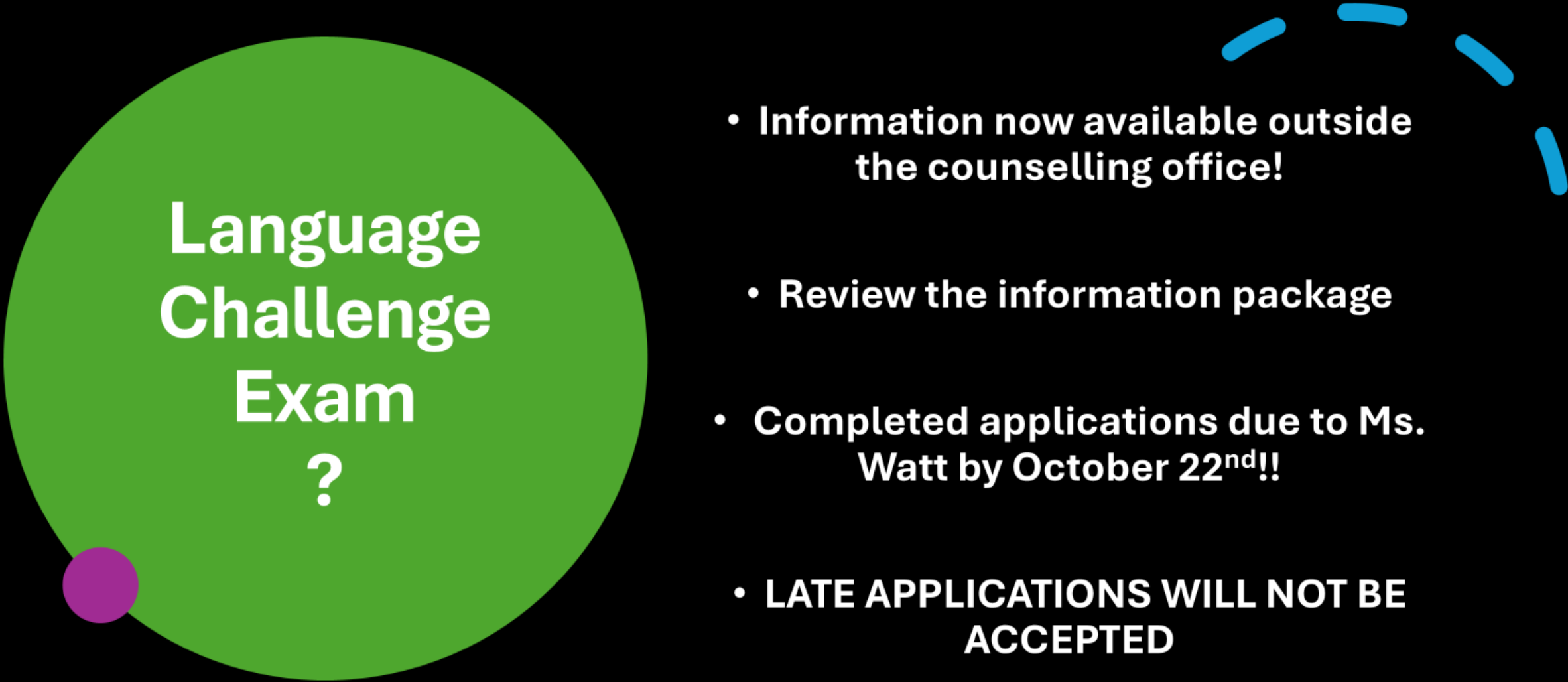
- Volunteer opportunities
- Gain experience
- Build leadership skills
- Be a voice in SD43
- Make real change

**APPLY
NOW**

**Deadline to
apply**

October 17, 2025 

District Student Leadership Council



Language Challenge Exam ?

- Information now available outside the counselling office!
- Review the information package
- Completed applications due to Ms. Watt by October 22nd!!
- **LATE APPLICATIONS WILL NOT BE ACCEPTED**

CLUBS



KODIAK PRIDE PRESENTS

BINGO!

TUESDAY OCTOBER 21

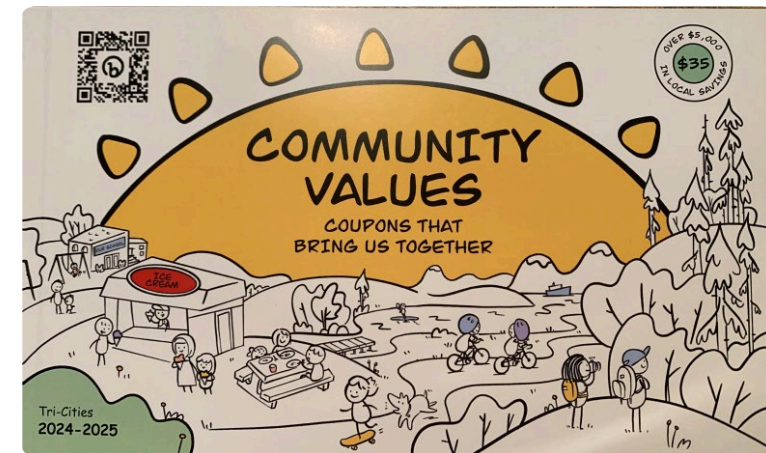
LUNCH

ROOM 216A



Coupon Books
Get some great
deals!
Save Money!!

Log into your Cash-On-Line
You can purchase as many
books as you want.
Only \$35 dollars.



MULTICULTURAL CLUB



POP CORN

SCAN THIS QR CODE TO
THE INSTAGRAM.



HWSS_MTCC

- Meet new friends from different countries.
- Share food, music, movies, and traditions from around the world.
- Oncoming events: pumpkin carving, mooncake making, movie nights, and fundraising.

SCAN THE QR CODE
TO JOIN OUR CLUB!!



PET PALS CLUB

TIMBITS AND DONUTS FUNDRAISER

THURSDAY, OCTOBER 23
@Lunch in the grand hall



Pre order-->



Supporting



CREATIVE CLASH

Edit photos with **NO EXPERIENCE** and **ANY APP** and win cool prizes like gifts cards, snacks, and money in a friendly competition!

OUR REWARD (YOU COULD WIN THIS!)



OUR FIRST COMPETITION HAS BEGUN! IF YOU HAVEN'T ALREADY JOIN THE TEAMS TO PARTICIPATE



Teams Code: w8jenoy

KODIAK ATHLETICS



Boys Basketball Try-outs

Sunday Oct 19th at Heritage Woods Secondary

11:00 -12:30 Grade 9 Boys

12:30 - 2:00 Grade 10 Boys

2:00 - 4:00 Senior Boys



Please note if you are unable to attend Sunday, there will be additional tryouts.

Senior Girls Basketball Try-outs

Senior Girls Basketball tryouts will take place on

Tuesday October 14 - 7:45-9:15pm

Thursday October 16 - 7:45-9:15pm

Friday October 17 - 3:30-5 pm (if needed - if not will be a practice)

If you can't make it please see Ms. Powell.



CAREER CENTER

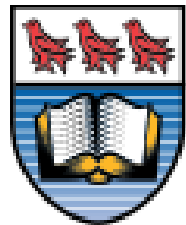


Post-secondary info sessions

- October 10 lunch Grand Hall
- October 14 lunch Room 109
- October 15 lunch Grand Hall
- October 17 lunch Room 109
- October 20 lunch Room 109
- October 23 lunch Grand Hall
- October 27 5pm Virtual
- October 29 lunch Grand Hall
- October 29 lunch Grand Hall
- Douglas College Info Table
- U Victoria info session
- SFU Applied Sciences Info Table
- SFU Beedie Info Session
- Uvic Gustavson Business info session
- U Guelph Info Table
- UBC PharmaSci Info Session
- Queen's University Info Table
- McMaster Info Table

University of Victoria will be at HWSS

- General UVic admission information session
- Academic requirements programs available, housing, co-op, scholarships and more
- October 14 12:15pm Room 109
- UVic Gustavson School of Business info session
- Specifics about this highly ranked business program including admissions, majors or minors, co-ops, study abroad, and more
- October 20 12:15pm Room 109



**University
of Victoria**

Douglas College Academic Foundations for Potential Nursing applications

- Due to the large volume of Domestic applications Douglas College has already received for Fall 2026 they have added a deadline to apply of October 17 4pm PST
- If you are planning to apply for AF at Douglas College, get your application in before this deadline
- <https://www.douglascollege.ca/program/ctafpn>



SFU BEEDIE SCHOOL OF BUSINESS IS COMING TO HERITAGE

- **Friday Oct. 17 at lunch room 109**
- **Learn all about this Top 10 Canadian Business School including admission req., programs offered, co-op, study abroad, scholarships....**
- **Beedie** MUST be your first choice on your **SFU** application
- Minimum mid 80s% on required courses but it **should be higher to have a good chance of an offer of admission (like 92% ish)**
- **Beedie** is looking for engaged, involved and academically strong students
- Supplemental Application is **VERY** important (Major Entrance Scholarship App can be used in place of supplemental application)
- Ranked #1 Comprehensive School by MacLeans Magazine
- 90% employment in field of study after graduation



Help shape Port Moody's future! Join a civic committee – apply online today

The City of Port Moody's civic committees advise City Council on a wide variety of important topics and issues. Help guide decisions on arts, climate action, parks, and more.

▶ **New for 2025!** Apply for a **Youth Seat** to share your voice with City Council.



Apply at **portmoody.ca/committees** by November 12, 2025.



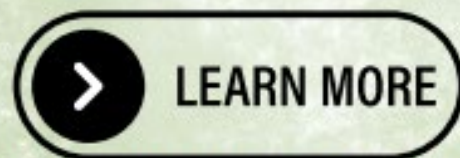
Strengthening Connections

**Empowering Indigenous Futures:
Explore, Connect, and Thrive!**

**Date: Wednesday, October 22 Time:
3:30pm-7:00pm Location: Coquitlam
Education Learning Centre (1080
Winslow Avenue)**

Strengthening Connections

Connect with Indigenous Recruiters from post-secondary institutions across BC at the Coquitlam Education Learning Centre!



<https://strengthening-connections.ca>



Door Prizes

Schools Attending

- UBC
- SFU
- UVic
- Inspire
- NVIT
- Langara College
- Douglas College
- Emily Carr University
- Native Education College
- JIBC
- Squamish Nation Trades

Plus others

Please see your Indigenous Youth Worker for more information